

**PURINA**  
**PRO PLAN**  
**VETERINARY**  
**DIETS**

**ALL-ROUND CARE FOR YOUR  
CAT'S URINARY HEALTH**



Urinary problems are common among cats. Known collectively as Feline Urinary Tract Disease (FLUTD), these conditions can be painful and in some cases, an emergency.

### The common signs of FLUTD include:

- Difficulty urinating
- Crying out while urinating
- Excessive licking of the genital area
- Urinating outside the litter box
- Blood in the urine
- Fearful, nervous or aggressive behaviour

If you suspect your cat may have FLUTD, it is important that you visit your vet, who may recommend some diagnostic tests to look for the underlying cause so you can ensure your cat gets the right treatment. This may involve making changes to your cat's environment, hydration levels and nutrition.

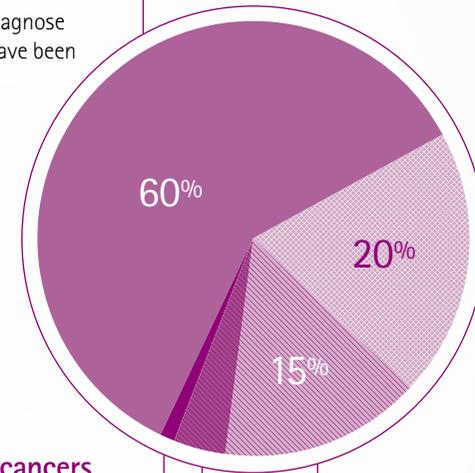


## FLUTD risk factors and treatment

There are several underlying causes of FLUTD

### FIC

Feline Idiopathic Cystitis (FIC) is the most common type of FLUTD. Idiopathic simply means the cause is unknown. A vet will diagnose FIC once other causes have been ruled out.



### Urinary stones

Urinary stones (either struvite or calcium oxalate) can build up and cause a blockage in any part of the urinary tract.

### Bladder cancers

Bladder cancers can cause FLUTD although thankfully this is very rare.

### Bacterial infection

Although they are rare in young and healthy cats, older cats with underlying health conditions can sometimes develop a bacterial infection of the urinary tract.

### Urethral plug

Male cats can develop blockages formed of proteins and crystals in the urine that bind together. These are called urethral plugs and when they occur, emergency treatment is needed.





## NUTRITION

If your vet diagnoses FLUTD, they may recommend switching to a specially formulated diet such as PURINA® PRO PLAN® VETERINARY DIETS UR St/Ox Urinary.



## Key benefits



### Low RSS / APR

With ST/Ox urinary security - to reduce the risk of urinary Struvite and Oxalate crystals and stone formation



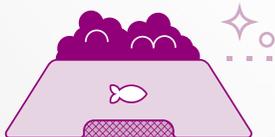
### Struvite dissolution / ST dissolution

Promote dissolution of urinary struvite stones



### Moderate kcal

Moderate level of calories to help maintain ideal body weight (obesity being a risk factor for FLUTD)



**PURINA**  
PRO PLAN®  
VETERINARY  
DIETS



## My FLUTD care plan

Talk to your vet about what you **currently do** to help your cat with FLUTD and use the following care plan to **identify further changes** you can make to help. It might not be possible to do everything, so ask your vet about which changes are most appropriate based on your home and other pets in the house.

### Water

	Currently available	Recommended by vet
Fountain	<input type="checkbox"/>	<input type="checkbox"/>
Glass / Ceramic bowl	<input type="checkbox"/>	<input type="checkbox"/>
Multiple sources	<input type="checkbox"/>	<input type="checkbox"/>

### Environment

Outdoor access	<input type="checkbox"/>	<input type="checkbox"/>
Litter tray in quiet place	<input type="checkbox"/>	<input type="checkbox"/>
Litter tray cleaned daily	<input type="checkbox"/>	<input type="checkbox"/>
Daily play	<input type="checkbox"/>	<input type="checkbox"/>
___* beds & ___ litter trays (+ a spare)	<input type="checkbox"/>	<input type="checkbox"/>

(\* Please fill in quantity available)

### Nutrition

Urinary Diet	<input type="checkbox"/>	<input type="checkbox"/>
Dry food	<input type="checkbox"/>	<input type="checkbox"/>
Wet food	<input type="checkbox"/>	<input type="checkbox"/>

**PURINA®**  
**PRO PLAN®**  
**VETERINARY**  
**DIETS**



isfm recognises PURINA's nutritional contribution to feline well-being

For more information talk to your vet or contact Nestlé Purina at XXX



Your Pet, Our Passion.®